








SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <b>New Year's Day</b> 	2 <b>New Year's Holiday</b>  <b>Center Closed</b>	3	4	5 ♦ Grocery Shop - Logan  ★ Youth - Cooking Club	6 ♦ Grocery Shop - Brigham  ♦ CIP - Bowling & Lunch	7
8	9	10 ● DSBVI Clinic ❖ WRAP - Providence Place  ★ Youth - Avatar & Planning Meeting	11 ❖ Women's Anxiety Group	12 ♦ Grocery Shop - Logan & Brigham  ♦ CIP - Bargain Movie at Cinefour	13	14
15	16 <b>Martin Luther King Jr. day</b> 	17 ● Low Vision Support Group	18 ★ Youth - Budgeting Class & Treats	19 ♦ Grocery Shop - Logan & Brigham	20 ♦ CIP - Hardware Ranch & Lunch	21
22	23	24 ● Low Vision Support Group  ❖ WRAP - Providence Place	25 ❖ Women's Anxiety Group  ♦ CIP - Organization Activity & Dinner	26 ♦ Grocery Shop - Logan & Brigham	27 ★ Youth - Game Night & Dinner	28
29	30	31	 <p><i>New Year – a new Chapter, a new verse, or just the same old story?</i></p> <p><i>Ultimately, we write it. The choice is ours!</i></p>			

Participation in ALL OPTIONS' programs, activities, and opportunities is open to residents with disabilities in Box Elder, Cache & Rich Counties. All activities, dates, and times are subject to change. **Activity reservations can be made at the beginning of the month the activity is scheduled or the last week of the previous month and no later than 48 hours in advance unless otherwise noted.** Please call (435) 753-5353 to RSVP.

# February

# OPTIONS Event Calendar

# 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Sometimes the smallest things Take up the most room in your heart ~ Winnie the Pooh</p>			1 ♦ CIP - Tubing in Logan Canyon & Dinner in Bear Lake	2 Groundhog Day ♦ Grocery Shop - Logan ★ Youth - Movie & Snacks	3 ♦ Grocery Shop - Brigham	4
5	6	7 ❖ WRAP - Providence Place	8 ❖ Women's Anxiety Group  ★ Youth - Cooking Club	9 ♦ Grocery Shop - Logan & Brigham  ♦ CIP - Bingo & Pizza Party	10	11
12	13	14 Valentine's Day ♦ CIP - Maddox & Amish Store  ● Low Vision Support Group	15 ★ Youth - Etiquette Lesson & Dinner	16 ♦ Grocery Shop - Logan	17 ♦ Grocery Shop - Brigham	18
19	20 President's Day  Center Closed	21 ● DSBVI Clinic - Logan  ❖ WRAP - Providence Place	22 ❖ Women's Anxiety Group  ♦ CIP - Bargain Movie at Walker Theater	23 ♦ Grocery Shop - Logan & Brigham  ★ Youth - Budgeting Class & Treats	24	25
26	27	28 ● Low Vision Support Group	To make a difference in someone's life you don't have to be brilliant, rich, beautiful or perfect. You just have to care! 			

OPTIONS' transportation is limited for OPTIONS' activities exclusively, for those with no other means of transportation on a first call first served basis until maximum capacity is reached. Transportation requests must be made at least 48 hours in advance. See the activity description for the suggested activity donation. Please use the Cache Valley Transit District (CVTD) busing system whenever possible.